

6th SINSeB-SINut-J medical International Congress

Women's Universe: Training, Nutrition, Health and Disease

**November
24th-25th-26th
2023**

**Bologna
Savoia Regency Hotel**

**Asynchronous online learning available
for all Congress attendees**



Friday, November 24th

FIRST SESSION

Gender sport medicine

SECOND SESSION

Sports nutrition: nutrition and training in endurance and strenght sports

THIRD SESSION

Injury management in female athletes

Saturday, November 25th

FOURTH SESSION

Pediatrics

FIFTH SESSION

ADI - SINSeB Joint session "Clinical Nutrition"

SIXTH SESSION

Nutraceuticals training and Female Health

SEVENTH SESSION

Primary and Secondary obesity
Polycystic ovary syndrome (PCOS) and Lipedema

Sunday, November 26th

EIGHTH SESSION

ASAND - SINSeB Joint session "Practical Approaches to Nutrition for Female Athletes"

NINTH SESSION

Menopause and Obesity - Nutrition and Training

TENTH SESSION

Prevention and Health

CHAIR CONGRESS

Fabrizio Angelini

SCIENTIFIC DIRECTORS

Fabrizio Angelini
Arrigo F. G. Cicero
Luca Stefanini

SCIENTIFIC SECRETARIAT

Luca Belli

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Società Italiana di Nutraceutica

FACULTY MEMBERS

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Luca Belli
Luigi Barrea
Lorenzo Bergami
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Andrea Vania
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Franco Vicariotto
Chiara Vignati
Alberto Vincenzi
Tim Ziegenfuss
Mikiko Watanabe

REQUESTED PATRONAGE

FNOB - Federazione Nazionale degli Ordini dei Biologi

Università degli Studi di Bologna

Università degli Studi di Camerino

ENPAB - Ente Nazionale di Previdenza e Assistenza a favore dei Biologi

SIFNut - Società Italiana Formulatori in Nutraceutica

AFEN - Associazione Farmacisti Esperti in Nutrizione

ANSISA - Associazione Nazionale Specialisti in Scienza dell'Alimentazione

ADI - Associazione Italiana di Dietetica e Nutrizione Clinica

ASAND - Associazione Scientifica Alimentazione Nutrizione e Dietetica

FIMP - Federazione Italiana Medici Pediatri

SIC - Società Italiana di Cardiologia

AOGOI - Associazione dei Ginecologi Italiani

SIGO - Società Italiana di Ginecologia e Ostetricia

SIPPS - Società Italiana di Pediatria Preventiva e Sociale

MAIN TOPICS

Sport Nutrition and training for Women

Sport Medicine for Women

Obesity: from childhood to menopause

Nutraceuticals training and Female Health

PCOS Obesity Lipedema and Ketogenic Diet

Body Composition in Sport, in Pregnancy and in Menopause

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GENERAL INFORMATION

Congress Venue

Savoia Hotel Regency

Via del Pilastro, 2
40127 Bologna IT

How to reach the Congress Venue

From the Airport: Marconi Express to the central station, then bus n. 35

From the city center: bus n. 14/35/20

From the railway station: bus n. 35

By car: exit n. 9 from the ring road (tangenziale), direction to Granarolo dell'Emilia

We have activated a discounted rate for the participants of the Congress with the following Hotels:

- Hotel Michelino Bologna Fiera
- Novotel Bologna Fiera

You can contact them by referring to the SINSeB Congress and you will receive a quotation with a dedicated rate.

Organizing Secretariat

Mediabout S.r.L.

Continuing Medical Education (CME)

EVE-LAB s.r.l.s. is a CME provider - identification code no. 5306

Language

The official language will be Italian. Simultaneous translation service is planned in Plenary Room (ITA/EN - EN/ITA).

OFFICIAL CONGRESS WEBSITE:

www.mediabout.it/6thSSj_Congress

REGISTRATION FEES

Fees until August 31st

Promotional offer for members up-to-date with their sum on April 30 th	€ 60,00
Promotional offer for participants of the masterclasses in Turin and Rome	€ 85,00
SINSeB members up-to-date with their registration fee after April 30 th	€ 120,00
Fee for affiliated societies (Sinut, Adi, ANSAD, Orders...)	€ 160,00
Standard	€ 220,00

(22% VAT included)

Fees from September 1st

SINSeB members up-to-date with their registration fee	€ 145,00
Fee for affiliated societies (Sinut, Adi, ANSAD, Orders...)	€ 220,00
Standard	€ 300,00

(22% VAT included)

Student fee and daily entrance

Student fee (all three days)	€ 120,00
No CME fee (daily entrance) - <i>online learning not included</i>	€ 60,00

(22% VAT included)

Registration

To register to the event, please go to:

www.mediabout.it/en/6th-sinseb-sinut-j-medical-international-congress-en
and complete the registration form. Once the registration process is completed, a confirmation email will be sent.

Alternatively, you can send an email to 6thSSJ_congress@mediabout.it (object: registration request), specifying your Name and Surname.

For any further information please contact the Organizing Secretariat at:
6thSSJ_congress@mediabout.it
Phone +39 02 83547230

Bank transfer description:

6thSSJ - [Name/Surname] - [Type of registration]

IBAN: IT 32 J 05034 33550 0000 0000 4583

SWIFT: BAPPIT21R20



Organizing Committee



**Società Italiana di Nutrizione
dello Sport e del Benessere**

Istituto Ricerche Cliniche Ecomedica
Via Cherubini, 1
50053 Empoli (FI) IT
info@sinseb.it - www.sinseb.it

Organizing Secretariat

mediAbout

Mediabout S.r.L.

Via Morimondo, 26 Milan IT
Tel. 02 83547230
6thSSJ_congress@mediabout.it
www.mediabout.it

CME Provider



EVE-LAB s.r.l.s.

Viale dei Mille, 137 Florence IT
Tel. 055 0671000
www.eve-lab.com

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